

Press Release

Ministry of Parliamentary Affairs is observing Swachhata Pakhwada from 16th April to 30th April, 2018.

On this occasion today, the 25th April, 2018 a Workshop on Yoga was organised for the officers/officials of the Ministry in Room No. 63, Parliament House. In the Workshop, Dr. Yogi Udai, Principal, Morarji Desai National Yoga Institute, New Delhi explained the importance of cleanliness for healthy life and how it can be achieved through yoga. Various asanas and pranayamas were performed by the officers and staff of the Ministry under guidance of Dr. Yogi Udai.
